



Adaptive Cycling Program Volunteers Needed

Want to be part of an energetic, passionate, and progressive organization? Eager to make a difference in your community? Spinal Cord Injury BC is looking for volunteers like you!

Here's what we're all about...

Spinal Cord Injury BC (SCI BC) is the go-to resource for the spinal cord injury (SCI) community. But we're so much more than your typical disability organization. We're a national leader in Peer Support, we excel in helping people form social connections and challenge themselves, and we take pride in developing our information resources. We're innovative – we like to push the envelope and try new things. And we tell powerful stories through our magazine, videos, and donor communications about how our members adapt, adjust and thrive after an injury.

Our staff and volunteers come from diverse backgrounds and areas of expertise, but we all share one thing: passion for people. We challenge, support and inspire one another. We're invested in each other's personal and professional development and foster a flexible, fun, and dedicated organizational culture.

We're growing our team of community-minded, innovative people with a passion for positive change. If that sounds like you, read on!

Role Descriptions

We're looking for **Adaptive Cycling Program Volunteers** and **Peer Cycling Mentors** to support our Adapted Cycling Program Coordinator. Help us build the first Adapted Cycling Club in Vancouver! Volunteers must be confident cyclists who are interested in inclusion in recreation and cycling, and supporting people with disabilities. (More about our program: www.sci-bc.ca/adaptive-cycling-program)

Volunteer positions are available supporting Bike Fitting and Cycling sessions (Saturdays) or Group Rides (on Wednesday Evenings) from May 14-August 28, 2022. Volunteers will receive training in adapted cycling instruction and those able to commit to regular sessions may receive free training in First Aid or Ride Leading. The program is based out of Trout Lake Park in Vancouver with monthly sessions in outlying communities including Burnaby, Surrey and North Vancouver. We are looking for several volunteers, however priority will go to those able to volunteer regularly.

Adaptive Cycling Program Volunteers:

DUTIES: Program set up and take down, equipment assessments and fittings, pre-ride check-ins, basic cycling skills clinics, participant safety, equipment cleaning and maintenance, and engaging with and supporting participants throughout the sessions to ensure a quality experience.

SKILLS NEEDED: Must be a confident cyclist on roads and urban trails and have access to a bike. Volunteers must be comfortable riding for 2 hours at a time, and Adaptive Cycling Program Volunteers must be able to lift 20lbs multiple times per session. Strong communication skills is an asset.

EXPERIENCE/EDUCATION: Experience with cycling instruction or organizations, supporting people with disabilities, or spinal cord injury is expected. Students or clinicians in human health, rehab and physical activity disciplines such as physiotherapy, occupational therapy, therapeutic recreation are preferred.

Peer Cycling Mentors:

DUTIES: Experienced handcyclists or adaptive cyclists act as peer mentors, offering their expertise, troubleshooting tips and support for participants during Saturday Cycling Clinics or Wednesday Group Rides. Peer Cycling Mentors assist in demonstrating skills, offering feedback on technique and assist the program instructor and facilitator in looking after the safety and wellbeing of participants.

SKILLS & EXPERIENCE: These volunteers must have personal disability experience and have been cycling for more than 2 years. Peer Cycling Mentors must have access to their own handcycle or adaptive bike in good condition.

REQUIREMENTS (BOTH ROLES):

Spinal Cord Injury BC has adopted a mandatory COVID-19 vaccination policy, which requires all staff and volunteers to be fully vaccinated. For those not able to receive the COVID-19 vaccine, please provide documentation verifying medical exemption from the vaccine to be considered for this role.

Applicants selected for volunteer roles must undergo a Criminal Record Check for Vulnerable Persons (at no cost to the volunteer) or share results of a current equivalent Criminal Record Check.

To Apply: Please forward your cover letter and resume including

- the date you are available to begin volunteering
- Which volunteer position you are interested in
- Why this volunteer opportunity interests you

No later than **May 31, 2022** - by email to hr@sci-bc.ca. Due to the high number of applicants, only those who meet the criteria will be contacted for an interview.

Spinal Cord Injury Organization of BC (SCI BC) values diversity and strives to ensure equal opportunities to all qualified candidates, without regard to race, colour, religion, national origin, sex, age, disability, veteran status or any other legally protected basis. SCI BC complies with all applicable laws, rules and regulations in the performance of Human Rights Codes of BC.

We look forward to meeting you!

www.sci-bc.ca

604-324-3611