

M: Course Objectives / Learning Outcomes:

1. Identify and describe the principles, values, and philosophy of Psychosocial Rehabilitation (PSR).
2. Compare and contrast PSR with other mental health practices.
3. Evaluate the research on PSR.
4. Identify the strengths and limitations of PSR.

N: Course Content:

- Introduction to PSR values, philosophy, and principles
- Recovery and recovery-oriented services and systems
- Assessing strengths and developing skills
- Coordinating Services for persons living with mental illness
- Advocacy for persons living with mental illness
- Education for persons living with mental illness
- Peer support
- Facilitating informed decision-making
- Facilitating empowerment
- Identifying and developing community resources
- Facilitating community integration for persons living with mental illness

O: Methods of Instruction:

This course will employ a number of instructional methods to accomplish its objectives, including all of the following:

1. Lecture
2. On-line instruction and activities
3. Group discussion/chat

P: Textbooks and Materials to be Purchased by Students:

Corrigan P.W., Mueser K.T., Bond G.R., Drake R.E., Solomon P. (2008) *Principles and Practice of Psychiatric Rehabilitation. An Empirical Approach*. Guilford Press: New York. ISBN 1-59385-489-7

Q: Means of Assessment:

Evaluation will be carried out in accordance with Douglas College policy. Evaluation will be based on the course objectives. The instructor will provide a written course outline with specific evaluation criteria at the beginning of the semester. An example of one evaluation scheme is as follows:

In-class exams (4)	70%
Term paper or project	20%
Student presentation	<u>10%</u>
	100%

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

No.

Course Designer(s): John Higenbottam, Ph.D

Education Council / Curriculum Committee Representative

Dean / Director: Kathy Denton, Ph.D

Registrar: Ted James