



**EFFECTIVE: SEPTEMBER 2006**  
**CURRICULUM GUIDELINES**

**A.** Division: Instructional Division      Effective Date: September, 2006

**B.** Department / Faculty of Child, Family &      Revision       New Course       X  
 Program Area: Community Studies: Therapeutic  
 Recreation

If Revision, Section(s)  
 Revised:  
 Date of Previous Revision:  
 Current Date: 25 November 2004

**C:** THRT 1205      **D:** Communication Skills for Recreation and Health Promotion Professionals      **E:** 3

| Subject & Course No.  | Descriptive Title  | Semester Credits |  |            |  |                             |   |                          |
|---|--|------------------|--|------------|--|-----------------------------|---|--------------------------|
| <p><b>F:</b> Calendar Description:</p> <p style="margin-left: 40px;">This course introduces students to the importance and complexity of communication. The development of professional speaking and listening skills will be applied to dyadic, small group, organizational and public communication in health and recreation services.</p>  |  |                  |  |            |  |                             |   |                          |
| <p><b>G:</b> Allocation of Contact Hours to Type of Instruction / Learning Settings</p> <p style="margin-left: 40px;">Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p style="margin-left: 40px;">Lecture/Practice</p> <p style="margin-left: 40px;">Number of Contact Hours: (per week / semester for each descriptor)</p> <p style="margin-left: 40px;">60 Hours</p> <p style="margin-left: 40px;">Number of Weeks per Semester:</p> <p style="margin-left: 40px;">Flexible delivery ranging over 1 to 15 weeks</p>   | <p><b>H:</b> Course Prerequisites:</p> <p style="margin-left: 40px;">NIL</p> <p><b>I:</b> Course Corequisites:</p> <p style="margin-left: 40px;">NIL</p> <p><b>J:</b> Course for which this Course is a Prerequisite</p> <p style="margin-left: 40px;">THRT 3505 and THRT 4855</p> <p><b>K:</b> Maximum Class Size:</p> <p style="margin-left: 40px;">30</p> |                  |  |            |  |                             |   |                          |
| <p><b>L:</b> PLEASE INDICATE:</p> <table style="margin-left: 40px; border-collapse: collapse;"> <tr> <td style="border: 1px solid black; width: 30px; height: 20px;"></td> <td style="padding-left: 10px;">Non-Credit</td> </tr> <tr> <td style="border: 1px solid black; width: 30px; height: 20px;"></td> <td style="padding-left: 10px;">College Credit Non-Transfer</td> </tr> <tr> <td style="border: 1px solid black; width: 30px; height: 20px; text-align: center;">x</td> <td style="padding-left: 10px;">College Credit Transfer:</td> </tr> </table> <p style="margin-left: 40px;">SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (<a href="http://www.bccat.bc.ca">www.bccat.bc.ca</a>)</p> |  |                  |  | Non-Credit |  | College Credit Non-Transfer | x | College Credit Transfer: |
|   | Non-Credit   |                  |  |            |  |                             |   |                          |
|   | College Credit Non-Transfer  |                  |  |            |  |                             |   |                          |
| x   | College Credit Transfer:   |                  |  |            |  |                             |   |                          |

**M:** Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. describe the importance of communication for health and recreation professionals
2. explain the process of interpersonal communication
3. discuss the skills and characteristics of the professional as a speaker and as a listener
4. apply effective dyadic communication in simulated health and recreation situations
5. discuss effective small group communication in health and recreation situations
6. apply decision making and problem solving skills required for effective staff communication
7. describe managerial and organizational communication
8. describe public and community focused communication

**N:** Course Content: The following global ideas guide the design and delivery of this course:

Interpersonal Communication Skills and Processes

- Interpersonal communication as a complex process
- Models of interpersonal communication
- The significance of non-verbal communication
- Common communication problems and how to avoid them
- Interpersonal communication in multicultural settings

Professional Speaking and Listening Skills

- Credibility, competence and character
- Genuineness and respect in communication
- Concreteness and clarity in verbal communication
- Functions and dimensions of nonverbal communication
- Observing and interpreting nonverbal behaviour

Dyadic Communication

- Attending, listening, responding with understanding
- Confidentiality, formality and informality
- Interviewing
- Interaction analysis

Small Groups: Staff, Managerial and Organizational

- Types and functions of groups
- Communication patterns
- Structure, size, norms, goals
- Channels of communication
- Problem solving and decision making
- Delegation, negotiation, collaboration
- Organizing and facilitating meetings

Public and Community Communication

- Characteristics of public communication
- Communicating with community volunteers
- Speech preparation and delivery
- Community building communication strategies

|   |
|---|
| <p><b>O:</b> Methods of Instruction</p> <ul style="list-style-type: none"> <li>• Lecture and larger group discussion</li> <li>• Small group discussion and activity</li> <li>• Media</li> <li>• Practice communication sessions</li> <li>• Video and audio recordings of sessions</li> </ul>  |
| <p><b>P:</b> Textbooks and Materials to be Purchased by Students</p> <p>A list of recommended textbooks and materials is provided for students at the beginning of each semester.</p> <p>Resources include:</p> <ul style="list-style-type: none"> <li>• Selected readings from a variety of recreation, therapeutic and health sources</li> <li>• Selected audio-visual and computer resources</li> <li>• Selected readings from books and journals</li> </ul> |
| <p><b>Q:</b> Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations.</p> <p>An evaluation schedule is presented at the beginning of the course. Typical means of evaluation will include a combination of written assignments, presentations and testing.</p> <p>This is a graded course</p>   |
| <p><b>R:</b> Prior Learning Assessment and Recognition:</p> <p>Open for PLAR</p>  |

\_\_\_\_\_  
 Course Designer(s) Therapeutic Recreation Faculty

\_\_\_\_\_  
 Education Council / Curriculum Committee Representative

\_\_\_\_\_  
 Dean

\_\_\_\_\_  
 Registrar