

# **EFFECTIVE: SEPTEMBER 2006 CURRICULUM GUIDELINES**

Α.	Division:	Instructional Division		Effective Date:		September, 2006		
В.	Department / Program Area:	Faculty of Child, Family & Community Studies: Therapeutic Recreation		evision		New Course	X	
				Revision, Section(s)				
				ite of Previous Revision	n:			
				rrent Date::		25 November 2004	4	
C:	THRT 2406	<b>D</b> : Recreation L	eaders	hip in Small Groups I		<b>E:</b> 3		
	Subject & Cour		tive Ti	tle	Seme	ester Credits		
F:	Calendar Descri	ption:						
	leading effective intervening effective	The purpose of this course is to provide students with the theoretical foundation for assessing, designing and reading effective groups. Students will learn to observe and interpret group behaviour for the purpose of attervening effectively. Group dynamics theory, leadership skill development, activity analysis and adaptation will be applied in the delivery of expressive and creative arts small group activity.						
G:		ontact Hours to Type of Instruction	H:	Course Prerequisites	:			
	/ Learning Settings  Primary Methods of Instructional Delivery and/or Learning Settings:  Lecture/Practice		THRT 1205					
			I: Course Corequisites:					
			NIL					
			J: Course for which this Course is a Prerequisite					
	Number of Contact Hours: (per week / semester for each descriptor)			THRT 3506				
	60 hours							
			K: Maximum Class Size:					
				30				
	Number of Weeks per Semester:							
	Flexible delivery ranging over 1 to 15 weeks							
L:	PLEASE INDIC	LEASE INDICATE:						
	Non-Credi	t						
	College Cr	edit Non-Transfer						
	x College Cr	redit Transfer:						
	SEE BC TRANS	SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)						

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### M: Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

- 1. describe theories of group dynamics
- 2. describe the process for developing, facilitating and managing effective groups
- 3. explain the meaning of leadership, including: definitions, theories, skills and qualities, principles and methods, roles and responsibilities
- 4. demonstrate activity analysis and adaptation in expressive and creative arts skills
- 5. demonstrate knowledge of a wide variety of expressive and creative arts group activities
- 6. assess the dynamics of a small group
- 7. plan an appropriate small group expressive or creative arts activity
- 8. demonstrate leadership in a small group expressive or creative arts activity
- 9. evaluate the program plan

## N: Course Content: The following global ideas guide the design and delivery of this course:

### Theories of Group Dynamics

- Types and definitions of groups
- Variables effecting group dynamics
- Theories of group dynamics
- Stages of group development

# **Assessing Group Dynamics**

- Observe group and interview group members
- Record assessment information in the following areas:
  - o Group climate: physical and emotional
  - o Group attraction/involvement
  - Group interaction/communication
  - Group cohesion and norms
  - o Group goals/productivity

#### Leadership

- Constructs of leadership
- Leadership style theories
- Skills and qualities, principles and methods of leadership
- Roles and responsibilities of leadership

#### Activity Analysis and Adaptation

- Demonstrates activity analysis
- Describes possible individual adaptations
- Implements planned adaptations during leadership
- Demonstrates the ability to spontaneously adapt expressive and creative arts activity to meet emergent situational needs

# Group Program Plan and Leadership

- Reviews client group assessment
- Plans appropriate expressive and creative arts programs
- Implements the planned program
- Demonstrates appropriate leadership styles
- Evaluates leadership, groups dynamics and the success of the program in meeting clients' needs

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	<ul> <li>Leading Effective Groups</li> <li>Expressive groups including discussion groups a</li> <li>Creative arts groups including fine arts activity a</li> </ul>						
0:	Methods of Instruction						
	Lecture/discussion Group assessment practice session Experiential creative arts groups Media						
<b>P:</b>	Textbooks and Materials to be Purchased by Students						
	A list of recommended textbooks and materials is provided for students at the beginning of each semester						
	Resources include:  • selected readings from a variety of textbooks  • selected audio-visual and computer resources  • selected readings from books and journals and fine arts  • adaptive equipment and supplies						
Q:	Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations.						
	An evaluation schedule is presented at the beginning of the course. Typical means of evaluation will include a combination of written assignments, presentations and testing.						
	This is a graded course						
R:	Prior Learning Assessment and Recognition:	Prior Learning Assessment and Recognition:					
	Open for PLAR						
Course Designer(s) Therapeutic Recreation Faculty		Education Council / Curriculum Committee Representative					
Dean	n	Registrar					

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